



July

Month of Self-Control The Apostle Jude

The Ship symbolizes Jude on his heroic missionary expeditions accompanied by his friend Simon.

For the month of July, we will be focusing our attention on the virtue of self-control. The Bible teaches us the importance of having self-control in the face of temptation.

In the letter of Jude, it is said, **To him who is able to keep you from stumbling and to present you before his glorious presence without fault and with great joy to the only God our Savior be glory, majesty, power and authority, through Jesus Christ our Lord, before all ages, now and forevermore! Amen. (Jude 1:24-25).**

When it is said in this Bible passage above, "To him who is able to keep you from stumbling," the apostle Jude is teaching us that we should rely on God to help us achieve self-control in order to keep us from stumbling.

When trying to grow in self-control, may each and every one of us rely on the Lord to help us be the people He wants us to be. In our desire to grow in self-control, may we learn to trust more in Jesus Christ and allow him to transform us.

Prayer

Dear Lord, we pray for your abundant grace in our lives, that we may always live according to your Word. We pray that we may always seek to have self-control and may always rely on You to keep us on the path of holiness. We pray this for our culture of indulgence, that we may grow into a culture of selflessness. We pray this in Jesus' name, Amen.

